

## QIF

### 4.Infrastructure and Learning Resources

#### 4.1 Physical Facilities

##### *4.1.2 The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.*

#### Answer:

The Institute has one of the finest sports facilities in Central India. The athletic culture in the college has given birth to healthy competition, sportsmanship and teamwork among the students. Training is given to students under expert trainers and various sports activities are organised every year. On Annual Sports Day, various intercollegiate tournaments and competitions are held for students and faculty members. Every year, students of Institute achieve notable distinctions and many are selected from District to National level tournaments. The institute has produced National and International players in Hockey and Kickboxing. Also there are some very renowned coaches as alumni of this institute. Students of the Institute have represented India also. The college offers following sports facilities: some notable name Reena Khokhar - Indian Hockey Team, Tokyo Olympic, Coach - Jeevan

#### Indoor Sports Facilities:

The Indoor stadium is one of the best among private institutions.

The total area of the Indoor sports facilities is 3227.755 sq.mtr. which includes”

- One Wooden Basket Ball Court
- Two Wooden Badminton Court
- 10mtr. Airt Pistol/Rifle Shooting Range
- Billiards Room
- Squash Court
- Table Tennis Room
- Two layered Gym
- Sauna Bath
- Jacuzzi
- Steam Bath
- Two rest rooms
- Change rooms
- Athletic care and rehabilitation Centre
- Judo Arena

#### Outdoor sports facilities:

It includes total area of 39571.94 Sq mts

- Three cricket practice nets (cemented),
- Two football field (standard),
- One 400 meter athletic track,
- Two basketball with all weather synthetic court fitted with Flood Lights
- Two tennis with all weather synthetic courts fitted with Flood Lights
- Two volleyball court,
- Kho-Kho and Kabbadi ground,
- Boxing Ring,
- Swimming pool.

In sports period students are motivated to go to the sports facilities and participate in the games/sports of their choice .

Standard quality and safe sports equipments are given to the students to prevent sports related injuries. Various training equipment and facilities are available for students which can be availed according to the needs and demand of the students. Basic facilities like changing rooms, lockers, safe drinking water, medical and first aid, playing equipment are provided to the students and faculty members as and when required.

### **Facilities for Cultural Activities**

For cultural activities college promotes a creative and artistic approach. The Cultural Committee, comprising of various faculty members and student in-charges engage and prepare students for debate, dance, music, writing, theatre and other art forms. This is done by keeping in mind the vision and mission of the Institute to support the holistic development of students that focuses not only on academics but also on all-round personality development of an individual. The college provides adequate facilities and required equipment to the student sub committees under cultural committee : one set of Tabla, one harmonium, one Dholak, set of speakers, two set of lamps and one drum set. The college has one Amphitheatre 'JALSA' with a seating capacity of more than 2000 which includes two changing room and separate rooms for cultural event practice within the campus, thus the students have adequate provisions for refining their talents.